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*The Ultimate PDF Packing
Checklist for*

ARCTIC TRAVEL



RUSSIAN ARCTIC TRAVEL'S SIBERIAN WINTER PACKING CHECKLIST

BASE LAYER

- 3x thin wool/synthetic tops (long/short sleeves)
- 2x thin wool/synthetic pants/long johns

MID LAYER

- wool/synthetic long-sleeved top
- wool/synthetic fleece/pullover
- 2x wool/synthetic pants
- lightweight down jacket

OUTER LAYER

- windproof breathable jacket with hood
- windproof breathable salopettes
- 3x thin wool/synthetic tops (long/short sleeves)

HEAD & NECK

- wool/synthetic beanie
- windproof cap with ear protectors
- gaitor/scarf

EYES

- ski goggles
- sunglasses/glacier glasses with sides

FEET & LEGS

- 3x wool/synthetic thin & thick socks
- Sorel/Baffin boots or similar (-50° minimum)

HANDS

- mountain/fleece gloves
- windproof overmitts
- wool/synthetic thin liner gloves

GEAR

- daypack
- waterproof expedition bag
- head torch and spare batteries
- sleeping bag liner
- toiletries and wet wipes
- essential medication
- chemical hand/feet warmers (optional)
- cash for souvenirs

ELECTRONICS

- phone & charging cables
- camera
- portable charger